



COUNTYWIDE FITNESS CHALLENGE 2015



A DAY OF FAMILY FUN

CHILL OUT!

Join us for power walks, yoga, and exciting beach action.

BOOGIE BOARDING LESSONS
BEACH FITNESS SESSIONS
SAND GAMES
WATER SAFETY
YOGA
HEALTHY SNACKS
FREE GIVEAWAYS
DRAWING PRIZES

Dockweiler Youth Center

12505 Vista del Mar
El Segundo, CA 90245
4th Supervisorial District

Saturday, August 29, 2015

8:00 a.m. – Noon

EVENT SPONSOR



RSVP to secure your giveaways at <http://dhr.lacounty.info>

